

# THE CHANGE FOUNDATION



## ADAPTED SPORTS CLUB

**Join us for a taster session!**  
**Tuesday 9th April, 10am - 11am**  
**The Change Foundation, Wallington**



**A new adapted sports club for adults with physical disabilities or mobility concerns**



**No experience necessary!**



**Free**



**Carers welcome**



**Scan the QR code for further information**



**The Change Foundation**

Plough Lane, Wallington SM6 8JQ

[www.thechangefoundation.org.uk/](http://www.thechangefoundation.org.uk/)

Registered charity number: 1046047