



**Wallington
Wellbeing INT**

HEALTHY LIFESTYLE SUPPORT GROUPS

Keeping your heart healthy

OPEN TO ALL



ST PAUL'S CHURCH Roundshaw SM6 9HG
With Refreshments



Last Thursday of the month 10.30am-12.30pm
Health and Wellbeing Group Session 11am - 12pm

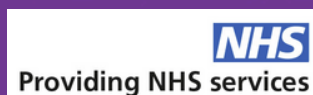
*FIRST COME FIRST SERVED FOR OVER 18 YEAR OLDS

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Wallington Wellbeing Integrated Neighbourhood Team
Helping Local Residents



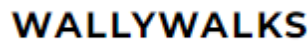
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Helping Residents of Roundshaw
IN THE PHOENIX CENTRE
LAST THURSDAY OF THE MONTH
11.30am to 1.30pm



Your Councillors

Meet your MP.



Supported By

